

## December 11th, 2020 CMHC Update

**COVID UPDATE**: CMHC is now a COVID free facility. We are transitioning into routine testing for staff only. Garfield County is still in "Red" county positivity rate this week, which doesn't allow us to do regular visits yet.

**Shout out**: We thank the Burwell Baptist Church for providing donuts and rolls to our staff from Shurfine Food Center. A little extra sugar in CMHC's day goes a long way!

We had Kindergarten visitors this week who went around to each window and spread holiday cheer with smiles and song. We had tears brought to some of the resident's eyes with this joy. So thank you!

"Our Lady of Perpetual Help Catholic Church Altar Society" gave gifts for the residents to open up on Christmas.

Also, a huge thanks to our staff who put a little extra time and love to decorate for the holiday season.

**HIRING**: CMHC is currently looking for compassionate care workers to join CMHC's team. We have a bundle of opportunities for people who are certified and those who aren't. We have very **competitive** wages, free health insurance, and sign on bonuses available right now.

Call us or message us for more information. 308-346-4440.



Christmas: This week we did a "Light Up the Holidays for our Residents!", where we prepared a giving window. Light bulbs for each resident were placed outside for people to choose and return with a gift for a resident. All of the lightbulbs were taken by family, friends and the community in 4 days! This is super exciting to know that our residents will get a little extra love through thoughtful gifts this year. We plan on hosting virtual Christmas parties with families, for those who choose to sign up. CMHC has decorated inside and out for residents, staff and the community to enjoy.



**Essential Care Giver**: The state of Nebraska has given new guidance on an **Essential Care Giver Program** for Long Term Care Facilities. This program has goals to enhance resident's social and emotional needs from their loved ones. CMHC plans on implementing this program for our residents. We are currently working with the new guidance on developing the processes that will be needed to put in place to implement this safely for our residents. We will send out letters or emails with more information on this program soon! We hope to get this up and rolling after the first of the year.

**COVID19 Vaccine**: CMHC has been given information that we will be getting the vaccine in the next 2 weeks! This is exciting beyond words can describe for our residents and their quality of life. We don't have guidance on what this means yet for opening back up but it is a step in the right direction.

Thank you all for being patient and don't hesitate to give us a call if you have any questions or concerns.